



BACHELOR OF SCIENCE Nutrition and Dietetics

The Bachelor of Science in Nutrition and Dietetics (BS ND) consists of general education and professional courses. The last two terms of the program are devoted to field practice in hospital dietetics, food service and public health nutrition equipping graduates with competence in those same areas. Emphasis will also be put on the development of Carolinian attributes, virtue and devotio.

Overall, this program produces a competent Nutritionist-Dietitian with a heart who promotes optimal nutrition, health and well-being of the community through nutrition care.

The Program in Nutrition and Dietetics builds competencies for these jobs:

In Hospital:

- Dietary Service Directors
- Chief Dietitians
- Administrative Dietitians
- Therapeutic Dietitians

In Food Service Establishment:

- Food Service Managers
- Food Service Consultants
- Food Entrepreneurs

In School:

- Administrators
- Teachers
- Researchers

In Public Health:

- Community Nutritionists
- Nutrition Action Officers
- Project Evaluation Officers

In Wellness and Sport Centers:

- Sports Nutritionists
- Nutrition Coaches
- Diet Consultant

In Food Industry:

- Quality Assurance Managers
- Food Product Developers
- Food Product Demonstrators
- Food Consultants
- Nutritional Supplement Sales Representative

In Clinical Nutrition Service:

- Nutrition Support Dietitians
- Renal Dietitians
- Oncology Dietitians
- Diabetes Dietitians
- Cardiovascular Dietitians

CORE COURSES

- Biochemistry
- Microbiology and Parasitology
- Anatomy and Physiology
- Biostatistics
- Accounting
- Developmental Psychology
- English (Technical Writing)
- Logic
- Health Economics
- Principles & Strategies of Teaching

PROFESSIONAL COURSES

- Basic Foods I and II
- Cooking Fundamentals
- Basic Nutrition
- Meal Management
- Fundamentals of Food Technology
- Nutritional Assessment
- Food Service System I and II
- Nutrition in the Life Stages I and II
- Nutrition Care Process
- Culinary Nutrition
- Nutrition Therapy I and II
- Public Health Nutrition
- Nutrition Education
- Food and Nutrition Research I and II
- Seminar on Food Science and Nutrition

ELECTIVE COURSES

- The Entrepreneurial Mind

PRACTICUM COURSES

- Hospital Dietetics
- Foodservice
- Public Health Nutrition